



ShoreSafe Community Trust Newsletter October 2010

North Shore City is about to undergo huge changes but for ShoreSafe, it is steady as she goes to maintain continued focus on building a safer community and reducing injuries across all sectors.

Safety Forum During the Safety NZ Week (30/8 - 5/9/10), ShoreSafe hosted a Community forum with a focus on falls and alcohol. Chief Science Advisor to the PM, Professor Sir Peter Gluckman was the Key Note Speaker and spoke of the journey through adolescence. A most interesting and enthralling presentation with many new perspectives highlighted. You can now read this by visiting our brand new site

www.shoresafe.co.nz/news

Please spend time there to see more of the information about our North Shore safe community status.

Check out the new Cyberkids site. It has value for all families. (Page 5 for details)

Vehicle Crime can be avoided

Tips to help you prevent vehicle theft

Cars get stolen all the time so you can never guarantee it will not happen to you.

Here are some tips to help prevent would-be thieves.

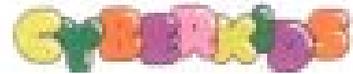
- Never leave keys in the ignition when your vehicle is unattended.
- Close all windows and lock all doors before leaving your car unattended.
- Lock your car when paying for fuel.
- Do not leave valuables within view, lock them in the boot or take them with you.
- Do not leave registration papers, driver's licence or other papers or cards in an unattended car - this could advise a thief that the home address of the owner is unattended at the time.
- Do not have your personal address on tags attached to car keys.
- Do not hide spare car keys anywhere on the car.

Reference: Commonsense

EVENTS:

Thurs 2nd Dec - Early Intervention Community Response to Suicide Risk Symposium at Massey University. Contact ShoreSafe or see details at www.shoresafe.co.nz

New online safety for children—



www.cyberkids.org.nz

Here you will find lots of information so you can become aware of how to deal with any offensive material the children may come across. The key thing to protect children online is for parents to be aware and involved in how their children are using the computer and especially the internet. There are lots of safe tips for parents to share with their children. This site is for parents, children and teachers so visiting this site is very important.

Pedestrians

Pedestrian safety is a matter of using your eyes, ears, judgment and common sense. With the weather now more suited to walking out and about pedestrian injury is something we can avoid.

Pedestrian do's

- Use traffic lights, pedestrian crossings, pedestrian refuges, overpasses and underpasses.
- Establish eye-to-eye contact with drivers to ensure you have been seen.
- When crossing the road, walk straight across.
- Keep scanning for oncoming traffic while crossing the road.
- Children learn road safety by watching adults. Set a good example by always crossing the road at a crossing or at traffic lights.

Pedestrian don'ts

- Avoid crossing near the crest of a hill or on a bend.
- Don't step from the kerb until traffic has stopped.
- Avoid emerging from between parked vehicles.

Cyclists

- Slow down and be aware of pedestrian movement near schools, shopping centres and other pedestrian areas.
- Never assume a pedestrian or driver has seen you.
- Before crossing the road, think about whether any approaching drivers can see you.
- Make eye contact with drivers if possible.
- Be seen. Wear reflective clothing or something light in colour. Wear a safety helmet.

Ref. Child Safety Handbook Edition 5 The Royal Children's Hospital Safety Centre, Melbourne

Emergency Preparedness

With the advent of the Christchurch disaster, it has been said many times that we must be prepared for such emergencies by creating a storage emergency kit and yet we still hear of the many that are without water and many essentials that could have been of assistance until repairs were effected. Ask yourself if you have been careful to plug away at putting food tins, water, candles, torch with spare batteries etc aside. My method is to do it in increments so that over a few weeks you have a good kit made up and that way it does not hit the pocket all at once. Don't forget to add a few drops of liquid bleach to your water when storing it for extended periods and the 3 litre juice bottles make very good containers for this purpose.

It does pay to change the tin food stock over after some months to ensure that they remain inside the use-by date as a precaution.

There are several other things that should be included in your pack and the inside back page of the Yellow Pages has this and other information.

Here's the easy way to build your pack: Commit to doing it and then immediately diary one month from now to check the project is complete. In one month it should be. Decide where is a good place to store it and place it all in a tidy manner like in a container/carton or two.

Why not give to a friend or family member a good cardboard box containing one tin of baked beans (starter) with big lettering '**Emergency Kit**' and prompt them into action to fill it for their own emergency resource kit.

For further help and info: www.getthru.govt.nz

ShoreSafe's New Board of Trustees

ShoreSafe is now a registered community trust and we have appointed members of our community as Trustees of the Board. They are:

Tom Burt (Chairman) - Retired Engineer
 Mike Cohen - Devonport Community Board
 Teresa Stanley - WaterSafe Auckland
 Ken Pemberton - Principal Murrays Bay School
 Alison Fitch - Drug Free Sport NZ
 Stanley Park - Korean Society
 Tania Peters - Safe Community Foundation

These members provide a true spread of professional and community knowledge to ensure that ShoreSafe has an important future heading into the new Auckland City environment. Our new name is **ShoreSafe Community Trust (#2539287)**

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Media Release by ShoreSafe Community Trust: 29 Sep 2010

ShoreSafe would like to acknowledge the local Civil Defence Volunteers who recently assisted the Christchurch Community in various tasks during the recent earthquake emergency. Both North Shore and Waitakere sent specialist USAR team members to Christchurch. The contribution they made was huge and it does reinforce the need for placing high importance on having a well prepared and well equipped emergency team here on the North Shore.

"A team of eight volunteer responders from North Shore CD Urban Search and Rescue team (USAR), and six more from Waitakere Civil Defence USAR flew into Christchurch to relieve the work being done by the Fire Service USAR Task Force, and local Council USAR teams. Jonathan Lowe, North Shore City Council Environment Protection Officer provides detailed information on the teams efforts: When driving through the city it seemed that life was going on as normal, but any older houses often had tarps on the roof and bricks on the lawn. Shopping centres had older shops cordoned off. It seemed where ever non-reinforced brick was used, there were problems. There had been a huge number of calls for assistance to both Councils and the Fire Service about unsafe buildings.

We were put into teams of four, given lists of addresses to visit and were equipped to remove damaged chimneys. The teams spent time talking with residents - older people living alone seemed the most traumatized. We often removed loose brick chimneys without being able to locate the owner of the property, especially if the neighbours were in danger. When it rained the roof surfaces became extremely slippery and our height training became very important. In some cases temporary stabilization was achieved by wrapping the chimneys in heavy shrink wrap. The old mortar had shaken out of some chimneys and they were just a tower of loose bricks while others usually cracked through at the base where it came through the roof.

When houses needed more scrutiny from building inspectors or engineers, they were passed on. On some houses the brick cladding had bulged away from the house walls. We worked from dawn to dusk and soot and mortar dust made everybody grimy. The aftershocks weren't strong but were more easily noticed at night". Summary to ShoreSafe from Jo Lowe.

Willie Williams and Jo Lowe from NSCC, Bryan Craig from



Picture from left to right:
 Jo, Dan, Stephen, Anna, Mark, Bryan, Duane & Willie (Brenda)